



1. How do I report a confirmed COVID case or confirmed exposure?

Email Nurse Sophie at styler@cardinalcharter.org to report any confirmed COVID cases in your family as well as any confirmed exposures.

2. What happens when a confirmed case is reported of an individual that has been present inside of the school building?

Once it is reported to Nurse Sophie, she immediately reports it to the Admin team. For a student that is confirmed positive, Nurse Sophie will contact the family and triage the situation. If the positive student has been inside of the building at all in the past 48 hours, any individuals considered to be close contacts (mask off and within 6 ft for over 15 minutes over a 24 hour period) will be notified. If it is a school day the identified close contacts will be isolated as discretely as possible and their parents will be notified immediately to come and pick them up to start their quarantine period.

3. How does the school determine who is a close contact?

We identify where your student eats lunch and snack, since that is the time of most vulnerability when their masks are off, and look at the teacher's seating chart to determine who sits within 6 ft of the individual who tested positive.

4. When can my child come back to school if they have tested positive?

If your child tests positive they can't return back to school until it has been 10 full days since their symptoms started or if no symptoms were present, 10 days from when the positive test result was received.

5. When can my child come back to school if they have been determined to be a close contact to someone who has tested positive for COVID?

If your child has been exposed to someone positive for COVID they will need to do a 7-day minimum quarantine and receive a negative COVID test result, taken no earlier than day 5 of their 7-day quarantine. If you do not want to have them tested, they will need to do a 10-day minimum quarantine and remain symptom free before they can return to school.

6. What if my child is showing symptoms of COVID (fever, cough, shortness of breath, fatigue, headache, sore throat, new loss of taste or smell, runny nose or congestion, chills, body aches, nausea, vomiting or diarrhea)?

Keep them, as well as any siblings, at home until you have the sick child tested for COVID. If the result is negative, then any siblings may return to school. The child who has symptoms, but tested negative must remain home until they have been fever free for over 24 hours and other symptoms are improving.

7. What if one of my children was exposed at school but they also have siblings that attend the school as well?

Only the exposed child will need to quarantine. Siblings to the exposed child will not be required to quarantine and can remain in school.

8. What if I have multiple children and only one of them tests positive?

The positive child will be required to complete a 10-day quarantine and can return to school after 10 days if they have been fever-free for 24 hours and other symptoms are improving as well. Unfortunately for the siblings in this situation, they are required to complete the original 10-day quarantine with their positive sibling. In addition to this they will be required to complete an additional 7-day minimum quarantine and be tested for COVID no earlier than day 5 of this 7-day quarantine. The reason they must do this is because their last date of exposure to the positive child is considered to be on day 10 of the positive child's quarantine period.

9. What information is needed when reporting a confirmed case related to your student?

Full name, grade, teacher, best contact number for parents, date of covid test, date results were received, location where the test was taken, what kind of test (antigen/rapid or PCR/molecular), date your child was last in school, if they have any symptoms and when the symptoms started, if they have had any know recent exposures, and vaccination status.

10. What if my family is traveling internationally or traveling out of state soon?

Any international travel requires a 7-day minimum quarantine starting the day after you return, with a COVID test taken no earlier than day 5 of quarantine. As long as the results are negative, and they remain symptom free, they are allowed to return to school after 7 full days have passed after you returned from your travels. Domestic travel (travel within the U.S.) does not require quarantining.

11. How do I report COVID Test Results?

Email all COVID test results to Nurse Sophie at styler@cardinalcharter.org.

12. What if my child is fully vaccinated and is exposed to someone with COVID at school?

If your child is fully vaccinated and is exposed to a classmate who has tested positive for COVID, they do NOT have to quarantine since they are fully vaccinated. However, if your child starts to show any symptoms of COVID after a recent exposure they will have to quarantine and get tested for COVID. They can return back to school as long as the test results come back negative and their symptoms are improving for 24 hours.

13. What if someone in my household tests positive for COVID?

If someone in your household tests positive for COVID, your child will have to quarantine for a minimum of 10 days after the last date of exposure to the positive individual or 7 days with a negative COVID test result taken no earlier than 5 days after exposure, and only if they are symptom free. You will work closely with Nurse Sophie in determining exactly when your child may return. If your child is fully vaccinated, they can return to school as long as they remain symptom free.

Exception: If a parent or family member tests positive in the household and you send your child to a family or friends house for quarantine, they may return to school as early as 7 days since their last date of exposure to the positive person in their household. They must test for COVID on day 5 at the earliest from the last date of exposure. If negative and asymptomatic they may return to school after a full 7-day quarantine. They may not return home until the positive family member completes their entire 10-day quarantine.

14. What if my child has tested positive for COVID within the last three months and has been exposed to someone who tested positive for COVID?

If your child has tested positive for COVID in the last three months and is exposed to COVID at school or outside of school, then they are not required to quarantine as long as they remain asymptomatic. Documentation of their recent COVID infection must be sent to Nurse Sophie for verification of the exemption to quarantine.

Cardinal is following the Strong Schools NC Toolkit for COVID policies and procedures related to quarantine found [here](#).

The Wake County Health Department has the FINAL say with the quarantines rules and we must follow what they ultimately advise once we report cases to them.